

Waiver and Release Form

The Ridge Girls Lacrosse Camp is a private camp under the direction of Barbara Erickson, Head Girls Lacrosse Coach of Ridge High School. In consideration of the acceptance of this application, we the below signed, our heirs, administrators agree to be legally bound to the terms and conditions hereafter set forth: We hereby give our consent to approval to the participation of the applicant in the program conducted by the Ridge Girls Lacrosse Camp and certify that she is physically fit to take part in all activities. Further, we do hereby wavier, release and forever discharge said organizations, its staff, officers, agents, representatives, employees, and their successors and agents from any and all claims for damages concerning or ensuing from accident, injury to the person or loss of personal property occurring during this stated camp, her participation in activities arising from her travel to and from the camp. We also authorize the Director of the Ridge Girls Lacrosse Camp to act for me according to her best judgment in any emergency requiring medical attention. I hereby state that I am the legal guardian of said child.

Parents/Legal Guardians Signature

Camp Equipment

Each camper should bring a stick, mouth guard, goggles and a water bottle.

Please contact us if you have any questions regarding equipment.

For More Information:

Barbara Ann Erickson

973-818-4547

Ridge Girls Lacrosse Camp



June 29th- July 3rd

Grades 3-9

9:00-12:00

Astor Field

**Bernards Township Parks and
Recreation Department**



Directed by:

Barbara Ann Erickson

Ridge Varsity Head Coach

Camp Philosophy

The camp will focus on having fun while developing the complete lacrosse player. Fundamentals are always an emphasis but camp will also include specific game situational training from both the attack and defensive perspective. Campers will enjoy the daily competitions, camp games and the closing awards ceremony. Ridge Girls Lacrosse camp is open to everyone from the experienced player to the beginner. The players will be divided by grade and skill level to ensure every girl is challenged. Camp will provide developmentally appropriate activities for all skill levels to ensure each camper experiences success.



Come, have fun and bring your game to the next level!

Camp Staff

Director - The camp will be directed by Barbara Ann Erickson, Head Coach Ridge High School. Coach Erickson has over 27 years in education and coaching at the high school level and this season is in her 11th year as head lacrosse coach at Ridge High School. Coach Erickson was recently named the 2012 Star Ledger Coach of the year. The Ridge program has enjoyed the success of league, county, and state sectional championships. Coach Erickson prides herself in helping to build the complete athlete, including emphasis not only on skill development but also on sportsmanship and character building. This emphasis is where girls become stronger and more confident young women.

Assistant Coaches - The camp offers the girls the opportunity to work with some of the Ridge HS assistant coaches as well as some of the former varsity players who have moved on to play at competitive collegiate programs. Many of these players have committed themselves to spreading their knowledge and love of the game by working at clinics, camps and coaching youth teams. Their enthusiasm and love of teaching will make it a fun filled week for all!

CAMP REGISTRATION

Name _____
Address _____

Home Phone _____
Cell Phone _____
Parents Names _____

Parents Cell Phone _____
Parents email _____
Emergency Contact _____
Phone _____
Grade in September _____
Playing Experience ? _____ Years _____
Position Played _____
US Lacrosse Member ? _____
Membership # _____
T-shirt Size _____
Medical Conditions _____

Camp Registration Fee

\$ 195.00

Please send form and check payable to:
Expedition Lacrosse

Mail to:

Ridge Girls Lacrosse Camp
164 Linden Ave.
Verona, NJ, 07044
For more information
contact
Barbara Erickson
973-818-4547