

FREE **Stroke** **Screening**



Screening Includes:

- ❖ **Total Cholesterol, HDL**
- ❖ **TC/HDL ratio**
- ❖ **Blood Sugar**
- ❖ **Blood Pressure**
- ❖ **Pulse Check**
- ❖ **Carotid Artery Exam**

Are You at Risk for Stroke?

You can reduce your risk for stroke.

- ❖ **Start by becoming more aware of your risk factors – the personal characteristics and habits that may increase your chances of having a stroke.**
- ❖ **Some you can't change or control, some you can.**
- ❖ **Learn the warning signs of stroke and what to do if you or someone near you begins to exhibit signs of a stroke.**

Date: Friday, May 15, 2015

Time: 1:00 pm to 4:00 pm

**Place: Long Hill Twp Library
917 Valley Road
Gillette, NJ 07933**

**Screening is FREE
No Fasting Necessary**

REGISTRATION IS REQUIRED

Register at: 908-204-2520

In conjunction with Bernards Township Health Department

