

# Mount Prospect Garden and Wellness Focus Group

**Volunteers  
needed**

Rutgers Cooperative Extension of  
Somerset County  
Family and Community Health  
Sciences will be presenting  
information.

## Parent Focus Group

Monday, May 23rd  
6:30 PM

Mount Prospect Media  
Center

**\*If you are interested in  
attending this Focus Group  
please contact:**

**kpaul@bernardsboe.com  
470-1600 ext. 255  
or**

**kimmerman@bernardsboe.com  
470-1600 ext. 131**

**If you are interested and unable  
to attend this meeting and would  
like to be involved in this  
innovative program please  
contact:**

**Kathryn Paul  
Kathie Immerman**



Mount Prospect was fortunate enough to have received "The Grow Healthy Team Nutrition Mini Grant" for \$ 7,500, which was sponsored through Rutgers New Jersey Agricultural Experiment Station. The grant will provide fun & interactive nutrition education and physical activity opportunities for children and adults, as well as a school garden initiative that links environmental learning opportunities to the classroom and school cafeteria.

**Help to promote healthy families,  
school & the community.**