

What is the Learning Center?

The Learning Center at Bethel Ridge supports students 11 and older and adults of all ages, with special needs. Our program offers small class sizes and is staffed with educational consultants, who are certified teachers in special education with expertise in curriculum design.

The Learning Center assists participants with developmental disabilities to maintain and enhance their skills so they can function more independently in their daily lives, obtain and maintain community-based employment, and to enjoy their leisure time in a more productive and fulfilling manner. Special needs students will benefit from taking courses to maintain the skills they learned during the school year. Continued participation in life long learning after graduation is key to building skills to enhance employability.

Our Educational Program addresses specialized areas of interest that include, but are not limited to: Computer Training, Functional Reading, Social Skills, 'Everyday Math' (budgeting, shopping, etc.) and Life Skills (like cooking, driving, and the arts).



NEW PROGRAM INFO ENCLOSED and please see changes to class schedule.

Bethel Ridge Corp.
P.O. Box 138
Basking Ridge, NJ

We build stepping stones to lifelong success!



**SPRING
2011**

The Learning Center at Bethel Ridge



**www.bethelridgenj.org
Or call 908-221-0801**

Classes are open to Middle/High School Students and

Adults of all Ages

Bethel Ridge accepts funding from DDD's Real Life Choices and SDDS programs.

WINTER 2011

Courses

Classes are held once a week
for 8 weeks

Please note our class schedule
has changed.

Job Skills Workshop "Job Club"

This workshop-style course is designed to develop pre-job skills for teens and adults. Work with a Bethel Ridge Job Coach to learn job searching skills using the internet and local resources. Develop resumes, practice interviewing, and social skills in the work place. **\$160**

When: Tuesdays 5:00pm-6:00pm

Dates: May 3rd to June 2, 2011

Reading for Life & Fun/Social Time

The first hour of this course is designed to develop and strengthen reading skills for greater success in everyday life. The last half hour will be utilized to develop social skills through small group activities. **\$210**

When: Wednesdays 5:00pm- 6:30pm

Dates: May 4 to June 22, 2011

The Savvy Driver

This course is designed to review the New Jersey Driver's Manual and to assist the student in understanding the rules of the road. This course will help the student comprehend the manual and better prepare them to take the NJ Driver's Permit test. **\$230**

When: Mondays 6:00pm-7:30pm
Dates: May 2 to June 27, 2011 (OFF 5/30- Memorial Day)



Creative Arts (and Crafts)

Fun class allows the students to explore their creativity and personal expression through a variety of imaginative arts and crafts projects. **\$210** When: Wednesday (late afternoon time to be announced)

Dates: May 4 to June 22, 2011



Introduction to Computers, Email, & the Internet

This hands-on course will offer the participant a chance to become more familiar with the basics of computer use. Mouse movements, keyboarding, basic editing features, creating documents and e-mail use will be introduced. Various computer games and web quests will be used to help the participant build new skills. E-mail, internet exploration, and internet safety will be taught and practiced by each participant. **\$200** When: Friday (late afternoon time to be announced)

Dates: May 7 to June 24, 2011



The Bubbling Gourmet

This course is designed to teach basic cooking, how to use various kitchen appliances and utensils, and developing/improving independent cooking abilities. The class teaches students to prepare easy, quick and healthy meals. **Sous Chef** (still available) participants who are interested in learning a more advanced version of our basic cooking class should call Bethel Ridge to express your interest. **\$230**

When: Tuesdays 6:00pm- 8:00pm
Dates: May 3 to June 21, 2011



NEW PROGRAM!!!

Friday Night Social Club

Bethel Ridge is pleased to introduce a new social program (ages 14 & up). *Join old friends and make some new ones.* **Next event:** Night at the Movies, May 13, 2011 For info on all our events go to www.bethelridgenj.org/events

Having trouble with transportation?
CALL 908 221-0801 for more info

Bethel Ridge & Somerset Hills YMCA are partners in supporting people with special needs

If you have any questions regarding the programs listed below, please contact the listed contact or call Katie Darby at the YMCA at 908-630-3513 or email Katie at

kdarby@somersethillsymca.org



The Somerset Hills YMCA is pleased to offer:

S.N.A.P.-"Special Needs Adult Program"

A Social program designed to bring together young adults with special needs, aged 15 and over. Each month a different social event is planned such as movie night, a dance, a barbeque, bowling, and more. S.N.A.P. provides young adults with social opportunities for meeting new friends and pursuing hobbies in a safe nurturing environment. S.N.A.P. is open to any young adult with special needs aged 15 and over. For more information contact Amy Margaret MacDonald (908)766-7898 ext 1560

S.N.A.P. Fitness

This 12 week exercise program meets in the Kinesis room and is designed for young adults with special needs. The class is held in a group setting and focuses on strength, cardio, balance, and flexibility. Class size is limited to 8 participants.

For more information contact Amy Margaret MacDonald (908)766-7898 ext 1560

Tue & Thu 4:00-5:00pm \$120

Special Olympics (Swimming)

Get ready for the 2010-11 season of Special Olympics! Trainings and competitions begin November 29th, 2010 and run through June 2nd, 2011. Special Olympic swimmers train every SundMt Airy Rd facility. More than 25 swimmers from across Somerset County (and beyond) come to the Y to practice as a team. For more details please contact Kim Wilde at (908) 766-7898 ext 1582



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Fax: 908-221-9169